

CANVEY JUNIOR SCHOOL

NEWSLETTER

www.canveyjuniorschool.co.uk

Headteacher: Mrs S. Townsley BSc (Hons) NPQH

Deputy Headteacher: Mr A. Fernon BEd (Hons)

Reminders



- 10.03.25 Year 3 & 4
Assessment Week
- 10.03.25 Health Week
- 11.03.25 Year 6 SATs height
and weight check
- 14.03.25 Year 5 Music
Workshop
- 14.03.25 6MC
Class Assembly

Last 2 weeks at
Canvey Junior School

- 05.03.25 Parents
Consultation
Evening
- 28.02.25 3DS
Class Assembly
- 28.02.25 Year 5 First Aid
training
- 25.02.25 Year 6 SATs
information
evening
- 24.02.25 First day back
after half term

Dear Parents,

We were delighted to see the wonderful costumes worn by the children on Friday, they looked amazing as did the staff who all dressed up along with the children. 4PK held a lovely assembly about the importance of reading and even sang a song to the whole school. Despite the excitement of dressing up, the children presented beautifully and spoke with clarity and confidence. Very well done to all of 4PK and the rest of the children in the school who sat beautifully in their costumes.

This week the children are fully immersed in Health Week where they are participating in a range of physical workshops and learning about how to keep their mind and body healthy. There is a fruit sale every day at break time where the children can purchase whole pieces of fruit for 50p.

Have a good week.

S. Townsley

Parent support

As a school we are fortunate enough to be working with ACL, who are an organisation that supports families, with a variety of different issues. Currently they are offering the following on-line sessions for parents:

Sibling Rivalry
Sleep For Wellbeing
Managing Big Emotions
Family Wellbeing

I have attached a flyer giving the details of these on-line courses.

In addition, Mrs Bainbridge will be working with ACL over the next couple of weeks, to put together some face-to-face courses for parents, these will be delivered in the school. She will update you when these have been finalised.

Support with Autism: Autism Central is Here to Help!

Autism Central is a Peer Education and Support Service run by parents, for parents, offering online group sessions and 1:1 support for parents and carers of autistic people of any age. Visit the **Autism Central website** to book onto a group session or request a 1:1 appointment.



E-Safety

As technology becomes more integrated into our children's lives, it's important to be aware of the risks associated with popular apps like WhatsApp. While WhatsApp is a great way for children to communicate with friends and family, there are some safety concerns to keep in mind:

- **Privacy Issues:** WhatsApp is a platform where anyone can potentially contact your child, so ensure their privacy settings are adjusted to limit who can see their information.
- **Group Chats:** Children may be added to group chats with unknown people. It's important to monitor these groups and remind your child never to share personal information.
- **Inappropriate Content:** There is always a risk of receiving inappropriate messages or content. Teach your child to report any unsettling or uncomfortable interactions immediately.

Cyberbullying: Like many social platforms, WhatsApp can be used for bullying or harassment. Encourage your child to speak up if they experience or witness any form of cyberbullying.

For more detailed advice and tips on how to protect your child online, check out the *Wake Up Wednesday* leaflet attached.

Health Week

Next week during Health Week the children will be covering work from the NSPCC's PANTS rules. During the lesson, the children will learn about the 'PANTS' acrostic, which stands for:

- Privates are private.
- Always remember your body belongs to you.
- No means no
- Talk about secrets that upset you
- Speak up, someone can help.

The lesson will be fully age-appropriate and more information about this, including a short film and a parent guide can be found at:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

Also, lots of the week's mindfulness activities are from MyHappyMind. Please remember that you can access MyHappyMind through the app where you can follow your child's journey and access activities to support your child's learning. If you do not have the app you can follow this link:

<https://www.learn.myhappymind.org/Customer-Parents-Resources-Activation-Code>

The children will be engaging in lots of both physical and mindfulness activities during the week to help them understand that it is important that we look after both our physical and mental health.

Cross Country

Last Wednesday, children from each year group across the school travelled to Garon Park, Southend to take part in a large Cross Country event. Despite a few nerves, the children were excited and raring to go, competing against children from at least 20 schools across Essex.

The Year 3 & 4 had to run approximately 900 – 1000m, whilst the Year 5 & 6 children were running approximately 1.5km. If that wasn't challenging enough, the weather decided it would make it even worse with heavy rain falling half way through the event. This made themselves wet, all their belongings and the running path, which became very muddy. However, the children were excellent, showing great resilience as they battled through the elements, running as hard as they could on the slippery, wet and muddy surface.

Many children recorded excellent results with one of our Year 6 girls qualifying for the County Finals! This also helped the Year 6 girls team finish joint second overall, which is a massive achievement.

Well done to all of the children that took part, they did an amazing job!

Attendance League

Whole school attendance up until 07-03-2025 is 95.1%.

The classes with the best attendance for:

Week Beginning 24-02-2025 is

Lower School - **1st Place - 98.7% - 4PK**

Upper School - **1st Place - 98.5% - 5AC**

Week Beginning 03-03-2025 is

Lower School - **1st Place - 98.6% - 4PK**

Upper School - **1st Place - 99.3% - 5AC**