

CANVEY JUNIOR SCHOOL

# NEWSLETTER

[www.canveyjuniorschool.co.uk](http://www.canveyjuniorschool.co.uk)

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**Reminders**

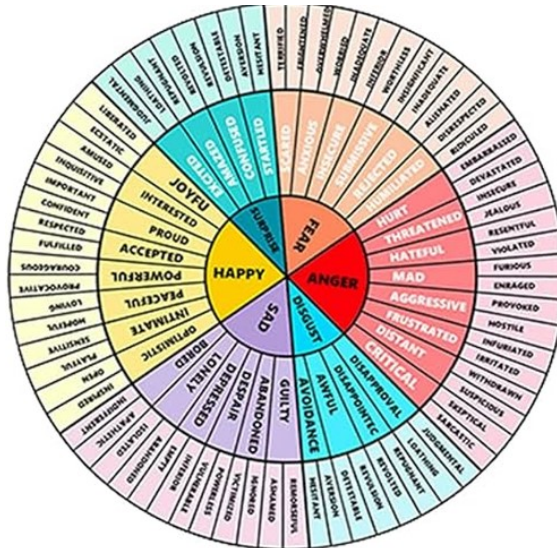


- 14-03-24 Year 6 SATs information evening
- 15-03-24 Comic Relief crazy hair day
- 19-03-24 Netball match
- 22-03-24 Football match

Dear Parents,

What an exciting day we have had dressing up for World Book Day. The children all looked fabulous in their costumes and we were all really proud of how sensible they were throughout the day. Each class has had their photo taken and these will be published in the Evening Echo on Tuesday 12th March (this is the date we have been given so apologies if the newspaper changes the date).

In school we have been looking at feelings, as many of the children use the same terminology for their emotions such as happy or angry. Every class now has a 'Feelings Wheel' which contains many other emotions. These can be found on Amazon and are a great way to encourage children to really articulate how they are feeling. I have attached an example below.



With our children's mental health in mind, it is so important that we teach them how to communicate effectively to help them discuss their emotions.

If you need further information about this, please do not hesitate to contact the school.

Have a good weekend!

S. Townsley

**Last 2 weeks at Canvey Junior School**

- 27-02-24 Open Afternoon
- 28-02-24 Parent Consultation Evening
- 01-03-24 Year 4 Anglo Saxon Workshop
- 04-03-24 Year 3 Home Safety Workshop
- 08-03-24 Dress up Day



### Book Week

Throughout the course of this week, and to run alongside World Book Day, the children have been learning reading comprehension skills across a range of different genres and text types. This has included learning how to read a song, a short film, picture and of course texts such as poems and extracts. The children have really enjoyed learning and understanding that reading and interpreting doesn't always mean books, but is about a general understanding of the messages we see and hear every day. We will continue to develop the children's love of reading. The children have done really well!

### Year 4 History Day

As part of Year 4's History we spent the day learning about how the Anglo Saxons came to live in Britain and how they chose to live and farm in the country, leaving behind the Roman towns. We found out what their settlements and houses looked like and what they had inside them to live day to day. We also discovered how they farmed and lastly, we built our own Anglo-Saxon house. We really enjoyed our day!

### Football

Yesterday a selection of girls took part in a match against Holy Family. Both sides played exceptionally well using the skills and techniques taught in school. The final score was a 1 all draw.

### E-Safety

In today's digital age, our children are immersed in a world of endless possibilities and opportunities online. From educational resources to creative outlets, the internet offers a wealth of experiences for children to explore and engage with. However, with this digital freedom comes the responsibility of teaching our children the importance of self-regulation in their online interactions.

Here are some strategies to help support your child's self-regulation online:

- **Establish Clear Boundaries:** Set clear guidelines and boundaries regarding screen time and online activities. Establish designated times for using electronic devices and encourage balance by incorporating outdoor play, family time, and other offline activities into your child's routine.
- **Educate About Online Safety:** Teach your child about the importance of online safety and privacy. Discuss the potential risks of sharing personal information online and emphasize the importance of seeking parental guidance when encountering unfamiliar or inappropriate content.
- **Model Healthy Digital Habits:** Lead by example by modelling healthy digital habits in your own screen time usage. Be mindful of your own online behaviour and demonstrate the importance of balancing technology with real-world interactions and activities.
- **Foster Open Communication:** Create a safe and supportive environment where your child feels comfortable discussing their online experiences and concerns. Encourage open communication, active listening, and non-judgmental dialogue, allowing your child to express their thoughts, questions, and uncertainties about their online interactions.
- **Collaborate on Family Agreements:** Involve your child in creating a family agreement or contract outlining expectations, rules, and consequences related to their online behaviour. Encourage them to actively participate in the decision-making process, fostering a sense of ownership and responsibility.

By implementing these strategies, you can help empower your child to navigate the digital landscape with confidence, resilience, and self-regulation. Together, let us strive to cultivate a healthy and balanced relationship with technology, empowering our children to harness its potential while fostering mindful and responsible digital citizenship.



## Are you Interested in Training to be a Teacher?



Join us at our next recruitment event to find out more about Primary or Secondary teacher training with BTSA.

18th March 2024 at 7pm via zoom

To register - <https://tinyurl.com/BTSA1803> or email [mhoward@theappletonschool.org](mailto:mhoward@theappletonschool.org)



In Partnership with TES Institute

### Attendance

Regular attendance in school is vital for not only your child's education, but also their mental health. There are clear links between those children who have irregular attendance and those with anxiety. Often poor attendance can affect your child's friendship groups as they feel isolated from the games being played and missed conversation's in the playground. They can also feel anxious in the class due to lack of understanding as to what is being taught because they have missed previous learning.

As a school, we understand the effects the pandemic had on attendance and have seen an increase in missed school days since children returned to school full time. However, things are not improving.

Therefore, to help you decide if your child is well enough for school, I have attached a couple of links which offer advice as to when a child should be kept off school and if so, for how long.

[Is my child too ill for school? - NHS \(www.nhs.uk\)](https://www.nhs.uk)

[Health protection in children and young people settings, including education - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

### Attendance League

Whole school attendance up until 08-03-2024 is 95.3%

The classes with the best attendance for:

Week Beginning is 26.02.2024

Lower School -1st Place - 4AL— 97.6%  
Upper School - 1st Place - 5BF—97.1%

Week Beginning is 04.03.2024

Lower School -1st Place - 3DS—99.1%  
Upper School - 1st Place - 5BF—97.5%