

# SPRING/SUMMER MENU 2024

Canvey Infants & Juniors

WEEK ONE W/C - 4th Jan, 22nd Jan, 12th Feb, 26th Feb, 18th Mar, 15th Apr, 7th May, 3rd Jun, 24th Jun, 5th July

WEEK TWO W/C - 8th Jan, 29th Jan, 4th Mar, 25th Mar, 22nd Apr, 13th May, 10th Jun, 1st July, 22nd July

WEEK THREE W/C - 15th Jan, 5th Feb, 11th Mar, 29th Apr, 20th May, 17th Jun, 8th July

## MONDAY

Chicken Goujons (G)  
Macaroni Cheese (G,D)  
Filled Jacket Potato\*\*  
Crispy Cubed Potatoes (G)  
Peas, Cauliflower  
Chocolate Brownie (G,E)  
Fresh Fruit or Yoghurt (D)

## TUESDAY

### TACO TUESDAY

Minced Beef & Pepper Taco  
Veggie Mince & Pepper Taco  
Filled Jacket Potato\*\*  
Rice  
Sweetcorn, Tomato Salsa  
Fruit Crumble (G) with Custard (D)  
Fresh Fruit or Yoghurt (D)

## WEDNESDAY

Roast Chicken with Yorkshire Pudding (E,D,G) & Gravy  
Ratatouille Puff (G)  
Filled Jacket Potato\*\*  
Roast Potatoes, Carrots, Cabbage  
Fruit Jelly  
Fresh Fruit or Yoghurt (D)

## THURSDAY

BBQ Ham Pizza (G,S,D)  
Cheese & Tomato Pizza (G,S,D)  
Filled Jacket Potato\*\*  
Pasta Salad (G,E,M), Homemade Coleslaw (E,M)  
Apple & Cinnamon Muffin (G,E)  
Fresh Fruit or Yoghurt (D)

## FRIDAY

Golden Fish Fingers (F,G), Salmon Fish Fingers (F)  
Veggie Nuggets  
Filled Jacket Potato\*\*  
Chipped Potatoes  
Baked Beans, Peas  
Oat Cookie (G)  
Fresh Fruit or Yoghurt (D)



## MONDAY

### PASTA BAR

Pasta (G) with Cheese (D) or Tomato Sauce  
Filled Jacket Potato\*\*  
Garlic Bread (G)  
Sweetcorn, Broccoli  
Iced Sponge (G,E)  
Fresh Fruit or Yoghurt (D)

## TUESDAY

Butchers Sausages (G,Y) with BBQ Sauce  
Veggie Sausages (G) with BBQ Sauce  
Filled Jacket Potato\*\*  
Mashed Potatoes  
Baked Beans, Cauliflower  
Shortbread Biscuit (G)  
Fresh Fruit or Yoghurt (D)

## WEDNESDAY

Roast Gammon with Yorkshire Pudding (E,D,G) & Gravy  
Vegetable Frittata (E,D)  
Filled Jacket Potato\*\*  
Roast Potatoes, Carrots, Peas  
Jelly with Topping (D)  
Fresh Fruit or Yoghurt (D)

## THURSDAY

Meatballs(G) with Tomato Sauce  
Veggie Meatballs(S)with Tomato Sauce  
Filled Jacket Potato\*\*  
Rice  
Broccoli, Sweetcorn  
Ice Cream (D) with Fruit  
Fresh Fruit or Yoghurt (D)

## FRIDAY

Battered Fish Fillet (F,G)  
Cheese & Broccoli Quiche (G,D)  
Filled Jacket Potato\*\*  
Chipped Potatoes  
Baked Beans, Peas  
Jaffa Chocolate Sponge (G,E)with Chocolate Sauce (D)  
Fresh Fruit  
or Yoghurt (D)



## MONDAY

Beefburger in a Bun (G,S,A\*)  
Quorn Burger in a Bun (G,E,D,A\*)  
Filled Jacket Potato\*\*  
Oven Baked Potato Wedges  
Sweetcorn, Baked Beans  
Banana Cake (G,E)  
Fresh Fruit or Yoghurt (D)

## TUESDAY

Chicken Nuggets with Katsu Curry Sauce (G,S,C,D)  
Roasted Vegetable Wrap (G)  
Filled Jacket Potato\*\*  
Rice  
Carrots, Broccoli  
Ice cream (D) with Fruit  
Fresh Fruit or Yoghurt (D)

## WEDNESDAY

Roast Turkey with Yorkshire Pudding (E,D,G) & Gravy  
Veggie Sausage Roll (G)  
Filled Jacket Potato\*\*  
Roast Potatoes, Cabbage, Peas  
Chocolate Crispie Cake (G)  
Fresh Fruit or Yoghurt (D)

## THURSDAY

Wholewheat Pasta Bolognese (G)  
Tomato Pasta (G,D)  
Filled Jacket Potato\*\*  
Garlic Bread (G,D\*,A\*)  
Sweetcorn, Cauliflower  
Vanilla Butterfly Cakes (G,E,D)  
Fresh Fruit  
Yoghurt (D)

## FRIDAY

Golden Fish Fingers (F,G)  
Vegetable Crown Pasty (G,D)  
Filled Jacket Potato\*\*  
Chipped Potatoes  
Baked Beans, Peas  
Viennese Biscuits (G)  
Fresh Fruit  
Yoghurt (D)