

CANVEY JUNIOR SCHOOL

SPRING/SUMMER 2025

WEEK 1

17/03, 21/04, 12/05, 09/06,
30/06, 21/07

Option 1

Pepperoni Pizza with
Potato Wedges

Tuesday.

Cheesy Pasta

Wednesday.

Roast Pork with Roast
Potatoes and Gravy

Thursday.

Beef Chilli with Rice

Friday.

Fish Fingers with Chips

Option 2 v Vegetarian

Cheese and Tomato
Pizza with Potato
Wedges v

Tomato and Basil Pasta
(Ve) v

Roast Quorn with
Roast Potatoes and
Gravy v

Veggie Stir Fry with
Rice (Ve) v

Quorn Sausage with
Chips (Ve) v

Option 3

Jacket Potato with a
Choice of Fillings

Jacket Potato with a
Choice of Fillings

Jacket Potato with a
Choice of Fillings

Jacket Potato with a
Choice of Fillings

Jacket Potato with a
Choice of Fillings

Vegetables

Sweetcorn
Coleslaw

Peas
Sweetcorn

Green Beans
Carrots

Sweetcorn
Broccoli

Baked Beans
Peas

Dessert

Chocolate
Oaty Bake (Ve)

Apple Whirl
(Ve)

Rice Krispie Cake
(Ve)

Banana Cake and
Custard

Fruity Cookie
(Ve)

WEEK 2

24/03, 28/04, 19/05,
16/06, 07/07

Option 1

Pork Sausage in a Roll
with Potato Wedges

Tuesday.

Beef Bolognese with
Pasta

Wednesday.

Roast Chicken with
Roast Potatoes and
Gravy

Thursday.

Chicken Curry with
Rice

Friday.

Breaded Fish with
Chips

Option 2 v Vegetarian

Quorn Sausage in a
Roll with
Potato Wedges (Ve) v

Macaroni Cheese v

Cheese Pasty with
Roast Potatoes v

Veggie Stir Fry with
Noodles v

Vegetable Nuggets
with Chips (Ve) v

Option 3

Jacket Potato with a
Choice of Fillings

Jacket Potato with a
Choice of Fillings

Jacket Potato with a
Choice of Fillings

Jacket Potato with a
Choice of Fillings

Jacket Potato with a
Choice of Fillings

Vegetables

Carrots
Peas

Sweetcorn
Cauliflower

Steamed Cabbage
Carrots

Carrots
Green Beans

Baked Beans
Peas

Dessert

Jelly with Fruit (Ve)

Chocolate Brownie

Strawberry Mousse

Hob Nob with Apple
Slices (Ve)

Iced Sponge

WEEK 3

31/03, 05/05, 02/06,
23/06, 14/07

Option 1

Chicken Goujons with
Potato Wedges

Tuesday.

Chicken Puff Pie with
New Potatoes

Wednesday.

Roast Gammon with
Roast Potatoes and
Gravy

Thursday.

Beef Meatballs in
Tomato Sauce with
Rice

Friday.

Fish Fingers or Salmon
Fingers with Chips

Option 2 v Vegetarian

Quorn Nuggets with
Potato Wedges (Ve) v

Vegetable Pie with New
Potatoes v

Quorn Sausage with
Roast Potatoes and
Gravy (Ve) v

Falafel with Rice and
Mango Chutney (Ve) v

Vegetable Nuggets
with Chips (Ve) v

Option 3

Jacket Potato with a
Choice of Fillings

Jacket Potato with a
Choice of Fillings

Jacket Potato with a
Choice of Fillings

Jacket Potato with a
Choice of Fillings

Jacket Potato with a
Choice of Fillings

Vegetables

Sweetcorn
Carrots

Carrots
Peas

Broccoli
Sweetcorn

Carrots
Green Beans

Baked Beans
Peas

Dessert

Chocolate Cake
with Mandarins

Ice Cream

Fruit Crumble (Ve)
and Custard

Oaty Cookie
(Ve)

Shortbread
(Ve)

radish
IT'S ALL GOOD

FRESH FRUIT AND YOGHURT AVAILABLE DAILY

WE ALWAYS MEET THE GOVERNMENT FOOD BASED STANDARD FOR SCHOOL LUNCHES. ALL OF OUR MEALS ARE FRESHLY PREPARED ON SITE BY OUR TEAM TO ENSURE THERE ARE NO UNDESIRABLE ADDITIVES. MANY OF OUR DISHES CONTAIN HIDDEN VEGETABLES TO INCREASE VEGETABLE INTAKE. WE ARE CONTINUOUSLY WORKING TO REDUCE THE AMOUNT OF REFINED SUGAR IN OUR MENUS.

THIS MENU SUPPORTS:

